

# Activating the care extender benefit

Medihelp rewards you for taking care of your health through the care extender, which you will activate by going for specified health tests aimed at the early detection of potential health problems. Register for [HealthPrint](#), Medihelp's free online wellness programme, and then follow the steps below.

## Step 1

Anyone in the family goes for:

### Any of the following:

- a Pap smear, or
- a mammogram, or
- a prostate test, or
- a faecal occult blood test (FOBT), or
- a bone mineral density test



### A combo health screening

(blood glucose, cholesterol, BMI and blood pressure) at selected pharmacy clinics in the Medihelp Preferred Pharmacy Network



Added insured benefits



## Step 2

The claim is processed and the test results are uploaded on your health profile on [HealthPrint](#).

One additional  
GP consultation  
for the family



Ready to be activated

Additional  
**R450**  
for the family for  
self-medication



## Step 3

Enjoy the additional care extender benefits that have now been activated:

One additional  
GP consultation  
for the family



Valued at **R900**

Additional  
**R450**  
for the family for  
self-medication



**Note:** The care extender is not activated if the beneficiary who undergoes the health screening has registered a relevant condition for PMB or chronic medicine benefits. The care extender benefit applies to all options, except MedMove! Benefits are paid at 100% of the MT.